

***The undersigned hereby acknowledge that the following was explained to me and/or agree to the following:**

I understand that South Pointe Fitness instructors are not physicians and are not trained in any way to provide medical diagnosis, medical treatment, or any other type of medical advice.

I understand that South Pointe does not guarantee neither good nor bad will occur nor guarantees the training advice given by the instructor.

I understand that boot camp and any other related sports are an extreme test of one's mental and physical limits and carry with it potential for damage or loss of property, serious injury and death. That the undersigned assumes the risks of participating in these types of events/activities including the elements of a natural environment, that they are fit, and they have a regular medical physician they can contact regarding any medical problems that they might develop. The undersigned expressly waive, release, discharge and agree not to sue from any liability of death, disability, personal injury, or action of any kind South Pointe Fitness Club for the undersigned participating in said sporting events and/or training for said sporting events.

Your commitment to Boot Camp

<input type="checkbox"/>	I agree not to use foul language during Boot Camp. Any violation will result in twenty push-ups per occurrence.
<input type="checkbox"/>	I agree not eat or say the words <i>Twinkie, Donuts, Ho-Ho's, Ding Dong, or Cup Cake</i> during the course of Boot Camp. Any violation will result in twenty push-ups per occurrence.
<input type="checkbox"/>	I agree to show up for Boot Camp every day unless it is an excused absence from my doctor or pre-approved with Boot Camp directors. Any violation will result in twenty push-ups per occurrence.
<input type="checkbox"/>	I understand that photos or video <i>may be taken</i> during the course of my involvement in Boot Camp, which may be used for promotional purposes. I understand that my "before & after" photos will not be used for any promotional purposes unless I give written authorization.
<input type="checkbox"/>	I understand there is no refund policy.
<input type="checkbox"/>	I will remember to set my alarm and be at camp on time.
<input type="checkbox"/>	I understand that diet and nutrition will effect my fitness goals and performance during boot camp.
<input type="checkbox"/>	I will bring a positive attitude, and expect to have fun!

I accept full responsibility for my use of any and all equipment, appliances, facility privilege of service whatsoever, owned and operated by South Pointe Fitness Club at my own risk and shall hold this Club, its employees, representatives, and agents harmless from any and all loss, claim, injury, damage, or liability sustained or incurred by me resulting there from.

***Signature** _____

*All NON-Members please sign an additional Liability Waiver

Payment is expected at time of registration.

Non-members: How did you hear about Boot Camp?

Web/Newspaper/Friend (who) _____

other _____

<p>Office Use Only</p> <p>Paid- Cash/ Check/Credit How much? _____</p> <p>Paid For : _____ (describe why charged amount listed, ex. Session 1, 2x week, member)</p> <p>Member/ NON- Member Date: _____ Emp. _____</p>
--